



**BOARD OF HEALTH**  
**GRAFTON MEMORIAL MUNICIPAL CENTER**  
**30 PROVIDENCE ROAD**  
**GRAFTON, MASSACHUSETTS 01519**  
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**HEALTH DEPARTMENT**

## **CPR /AED / FIRST AID CLASSES** **AMERICAN HEART ASSOCIATION STANDARDS**

- DATE:** June 20, 2016 – **CPR / AED**  
June 23, 2016 – **First Aid**
- TIME:** 6:00 P.M. to 10:00 P.M.
- PLACE:** Grafton Municipal Center  
30 Providence Road  
Conference Room E (second floor)
- FEE:** \$30.00 Per Class (OR if you sign up for both you will receive a \$5.00 discount)

The Community Nursing Association of Grafton and the Grafton Board of Health are offering a course in CPR and First Aid. The course is designed for those who wish to learn rescue breathing, obstructed airway and CPR skills for the adult, child and infant as well as basic first aid.

**CPR/AED** Training for Adult, Child and Infants - This CPR course is a modular course that teaches you how to recognize and treat life-threatening emergencies including cardiac arrest and choking for adults, children and infants. Participants also learn to recognize the warning signs of heart attack and stroke in adults and breathing difficulties in children. You will also have hands on practice, demonstration and training in the use of an Automated External Defibrillator.

**FIRST AID** Training - This First Aid Training Course includes essential information and training in the first-aid skills recommended by OSHA, all in a format that can be delivered in a single day. This course teaches rescuers to effectively recognize and treat adult and child emergencies in the critical first minutes until emergency medical professionals arrive. The course is modular to meet the needs of a specific workplace or for any community or family needs. The core module includes: general principles, medical emergencies and injury emergencies for first aid.

The classes include training materials and certification cards. The balance of the cost will be paid for by the Community Nursing Association of Grafton. Please call the Board of Health Office at 508-839-5335 X 1119 or visit the office to reserve your spot for these classes. Please make checks payable to the Town of Grafton. Deadline for registration and payment (**non-refundable**) is June 13, 2016. Grafton residents ONLY. You must be registered to be admitted to the class. Thank you.....