Grafton Recreation

Spring & Summer

2016

Programs & Events

Town of Grafton Recreation Department

Grafton Memorial Municipal Center | 30 Providence Rd. | Grafton, MA 01519

508-839-5335 x1156 | recreation@grafton-ma.gov | GraftonRec.com

@GraftonRecDept

Grafton Recreation Important Information

Registration can be done online at www.graftonrec.com or at the Recreation Office

Policies:

- Programs are offered to Grafton and non-Grafton residents.
- All programs offered on a first come, first serve basis.
- All registrations are due no later than one week prior to the start of the program, unless otherwise stated.
- Registrants may only sign up themselves or immediate family members only.
- Confirmation of enrollment in a program will be sent via e-mail upon the completion of registration.
- We do not discriminate based on race, religion, color, nationality, origin, sexual orientation or persons with disabilities.
- The Recreation Department is not responsible for lost, misplaced, or stolen items.
- No electronic devices of any kind are allowed in any program. No cell phones.
- The Recreation Department cannot dispense medication. Please make arrangements if your child needs medication.
- The Recreation Department and/or press will take photos of programs for publicity purposes.
- Additional waiver forms may be required based on vendor.
- We reserve the right to cancel, change or consolidate classes when necessary.
- Each program has age requirements which will be strictly enforced.
- Parents/guardians are responsible for signing in and out their child on a daily basis.
- It is the parents/guardians responsibility to pick up your child on time. First offense is a warning, second offense $10.00 per 15 minutes late.
- Any staff member may ask that your child stay home if there are behavioral issues.
- Please apply sunscreen to your child prior to attending any program and bring additional sunscreen in a backpack. Staff will remind your child/ children to reapply sunscreen. But will not be able to apply sunscreen to your child / children.
- All programs are peanut free.

Scholarships are available only to Grafton residents.
Applications are available in the Recreation Office and online at graftonrec.com.

Refunds: Given only upon that -

A) the class is cancelled due to low enrollment
B) the course requested is already filled
C) a partial refund for a medical reason (a doctor's note required),

Programs will <u>not</u> be prorated/refunded if the participant misses any portion.
A $20.00 processing fee can be charged for refunds.

For further information, please call the Recreation Office at 508-839-5335, x1156.
Please check out www.graftonrec.com for the latest updates.

Recreation Director: Jen Andersen **Office Manager:** Kerri Arsenault

Grafton Recreation Commissioners

Kristen Belanger, Chair Bob Fitzpatrick Stephen Crowley Gina DaLan

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FIELDS AND FACILITIES

Airport Park: 8 Bedford Dr., North Grafton
Brookmeadow Park: 377 Providence Rd., South Grafton
Fisher Park/Ferry St. Park: 114 Ferry St., South Grafton
Grafton Lions Club: 68 Brigham Hill Rd., Grafton
Grafton High School: 24 Providence Rd., Grafton
Grafton Middle School: 22 Providence Rd., Grafton
Grafton Municipal Center: 30 Providence Rd., Grafton
Millbury Street Elementary School: 105 Millbury St., Grafton
Miner Field /Norcross Park: 14 North St., Grafton
Nelson Park: 6 Prentice St., North Grafton
North Grafton Elementary School: 44 Waterville St., North Grafton
North Street Elementary School: 60 North St., Grafton
Perry Hill Park: 3 Perry St., North Grafton
Riverview Park: 176 Providence Rd., South Grafton
Silver Lake Beach: 245 Upton St., Grafton
South Grafton Elementary School: 90 Main St., South Grafton

YOUTH ORGANIZATIONS AND TOWN LEAGUE CONTACTS

Grafton Mens Softball: Stephen Nicalek - snicalek@gmail.com
Grafton Youth Baseball: www.graftonlittleleague.org
Grafton Cricket: Shripad Nandurbarkar - shripadn@gmail.com
Grafton Youth Lacrosse: www.graftonlacrosse.com
Grafton Youth Football and Cheer: www.graftonyfc.com
Grafton Youth Soccer: www.gscsoccer.org
Grafton Youth Softball: www.graftongirlssoftball.com

PRE-SCHOOL/TOT: JR HOOPSTERS BASKETBALL

This co-ed program has been designed to teach the fundamental skills of basketball in a fun and cooperative environment. Participants will be taught to catch, dribble, pass, and shoot the ball. Individual skill development is the main focus of the program.

This is an instructional program. Equipment will be provided.

Be sure to bring water. Outdoor shoes are not allowed in the gym.

Dates:

Session 2: March 5 - April 2, 2016

Day: Saturdays

Age/Time:

Pre-K: 9:00 - 9:45am

K - 1st grade: 10:00 - 10:45am

2nd-3rd grade: 11:00 - 11:45am

K - 1st grade: 12:00 - 12:45pm

Location: North Grafton Elementary

Instructor: F.A.S.T Athletics

Register By: 1 week prior to session

Minimum/Maximum: 8/30

Cost: $85

SPRING

PRE-SCHOOL: MINI SOCCER

Shoot it, trap it, kick it! Participants will learn fundamental skills from coaches through unique drills, games, teaching techniques, trivia and more.
Emphasis will be on learning, participating and having FUN in an appropriately competitive atmosphere. Skills taught include dribbling, passing, shooting and more. The clinic culminates with tournament day!
Please bring appropriate sized soccer ball, appropriate clothing and water bottle.

Age: 3.5 - 5 year olds
Days: Saturdays
Dates: May 7- June 11, 2016
Time: 9:00 - 9:45 am
Location: Miner Field at Norcross Park
Instructor: Thundercat Sports
Register By: April 25, 2016
Minimum/Maximum: 8/12
Cost: $75

PRE-SCHOOL: T-BALL

Come have a ball with Thundercat Sports and America's pastime! This program will focus on teaching individual skills and reinforcing them in a fun and enthusiastic atmosphere and not on traditional positions, rules and team play. There will be some traditional baseball aspects but also non-traditional games and activities which will produce a fun learning environment.
Please bring appropriate clothing, baseball glove, and a water bottle.

Age: 3.5 - 5 year olds
Days: Saturdays
Dates: May 7- June 11, 2016
Time: 10:00 - 10:45 am
Location: Miner Field at Norcross Park
Instructor: Thundercat Sports
Register By: April 25, 2015
Minimum/Maximum: 8/12
Cost: $75

SPRING

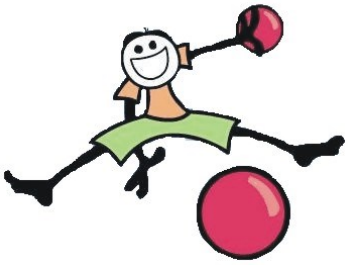
YOUTH: AFTER-SCHOOL DODGEBALL

The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!

Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Safety rules and regulations will be enforced before each class.

NORTH STREET

Age: 2nd - 6th grade
Day: Tuesdays
Dates:
Session 1: March 8 - April 5, 2016
Session 2: May 3 - May 31, 2016
Time: 2:30 - 3:30 pm
Location: North Street School
Instructor: F.A.S.T. Athletics
Register By: 1 week prior to session
Minimum/Maximum: 8/40
Cost: $65



MILLBURY STREET

Age: 2nd - 6th grade
Day: Wednesdays
Dates:
Session 1: March 9 - April 6, 2016
Session 2: May 4 - June 1, 2016
Time: 3:00 - 4:00 pm
Location: Millbury Street School
Instructor: F.A.S.T. Athletics
Register By: 1 week prior to session
Minimum/Maximum: 8/40
Cost: $65

F.A.S.T. athletics
fitness • agility • skills • teamwork

SRPING

YOUTH: HOME ALONE SAFETY

This class is designed for children who are unattended for short periods of time. Children will learn telephone and door answering techniques, accident and fire prevention and first aid skills. Please bring a peanut-free lunch or snack and a drink.

Age: 9-11 years old
Days: Wednesday
Dates: April 6, 2016
Time: 4:00 - 6:00pm
Location: Municipal Center Conference Room E
Instructor: Ceil Thurber
Register By: March 30, 2016
Minimum/Maximum: 10/20
Cost: $45

UMassMemorial

YOUTH/ADULT: WATERCOLOR WORKSHOP

A fun, basic introduction to watercolor tools & techniques. You will explore color, design, and composition and create a beautiful masterpiece!
All materials are included in the workshop fee.

Age: 14+
Days: Saturday
Dates: February 20, 2016
Time: 9:00 am - 12:00pm
Location: ArtMark Studio, 198 Worcester St., Grafton
Instructor: ArtMark Studio
Register By: Sunday, February 14
Minimum/Maximum: 4/8
Cost: $50

YOUTH/ADULT: LEARN TO WATERCOLOR

You will start with basic materials and add the right tools & techniques. Spend 5 weeks in the studio exploring a variety of methods and work on still lifes and landscapes. On Saturday April 2, you'll meet at the Worcester Art Museum together to observe & learn from the Masters. Let's grow your artistic spirit! All class materials are included in the course fee.

Age: 14+
Days: Wednesdays plus 1 Saturday
Dates: Wed. March 9, 16, 23 and April 6 plus Sat. April 2, 2016
Time: Wednesdays 6:30pm - 8:30pm, Saturday 10:00am - 12:00pm
Location: ArtMark Studio, 198 Worcester St., Grafton
Instructor: ArtMark Studio
Register By: March 2, 2016
Minimum/Maximum: 4/8
Cost: $225

YOUTH/ADULT: TENNIS - BEGINNER

You will work on developing basic form, stroke mechanics and footwork. Some mini-tennis rallying at a slow pace will also be included. No prior experience is necessary.

Age: 7+
Days: Sundays
Dates: April 10 - May 22, 2016 (no class on 4/24)
Time: 5:30pm - 6:30pm
Location: Westboro Tennis & Swim, 35 Chauncy Street, Westborough
Instructor: Westboro Tennis & Swim Club Instructors
Register By: April 3, 2016
Cost: $112

YOUTH/ADULT: TENNIS - ADVANCED BEGINNER

Advanced Beginners will develop more consistency on shots, power and directional intent. Students in this class should have a prior understanding of how to sustain a rally of slow to moderate pace from the baseline. This class will practice basic singles and doubles positioning and will learn to play a game.

Age: 9+
Days: Sundays
Dates: April 10 - May 22, 2016 (no class on 4/24)
Time: 6:30pm - 7:30pm
Location: Westboro Tennis & Swim, 35 Chauncy Street, Westborough
Instructor: Westboro Tennis & Swim Club Instructors
Register By: April 3, 2016
Cost: $112

PROGRAM NOTES:

- Loaner racquets are available for class participants only
- Each player must check in at the front desk each week
- Parents cannot go on to the court during the lesson
- Class participants can only use the court during their lesson
- Players should come dressed in comfortable clothing and SNEAKERS (no crocs, sandals, or snow boots)
- Juniors over the age of 15 will be in the adult group
- There are no make ups for classes missed. However the club will schedule make ups for classes we cancel due to weather

ADULT: CYBERSAFETY

Age:
Days:
Dates:
Time:
Location:
Instructor:
Register By:
Minimum/Maximum:
Cost:

ADULT: ZUMBA

This is a fun way to condition and exercise your body. It is dance based aerobic class with Latino moves and music, spiced with other great styles – twist, hip hop, country dance, tango, 70's, and belly dance. You will work up a sweat not even knowing that you are exercising.

No experience required, anyone can join and have fun with us.
You will need to bring water to class.

Age: 21+
Days: Mondays
Dates: April 4 - May 23, 2016 (no class on 4/18)
Time: 6:00-7:00pm
Location: Municipal Center Gym, 30 Providence Rd.
Instructor: Martha Convers
Register By: March 28, 2016
Minimum/Maximum: 14/35
Cost: $25

VACATION WEEKS

TOT / YOUTH: SOCCER CLINIC - MINIS

Every child will be engaged in a highly active environment practicing beginner soccer skills in preparation for organized recreational soccer such as U6/U7 town or Abbey Villa S.C. Youth Academy. Players will come away with more confidence in dribbling while running, passing, and knowing how to work with other players on a team.

Age: 4 - 6
Days: Tuesday - Friday
Dates: April 19 - 22, 2016
Time: 9:00 am - 12:00pm
Location: Hubbard Field, 108 Creeper Hill Rd., Grafton
Instructor: Abbey Villa Soccer Club
Register By: April 12, 2016
Minimum/Maximum: 10/50
Cost: $160

YOUTH: SOCCER CLINIC - FULL DAY

AVSC "Fast Feet" Soccer Clinic is open to all players, boys and girls, ages 7 to 14 years old. Your child will be taught proper techniques in passing, receiving, ability to retain possession, creative attacking and individual defending. Players will be taught dozens of cool and creative soccer moves in a challenging, but supportive training environment. Your child will get thousands of quality of touches on the ball!

Age: 7 - 14
Days: Tuesday - Friday
Dates: April 19 - 22, 2016
Time: 9:00 am - 3:00pm
Location: Hubbard Field, 108 Creeper Hill Rd., Grafton
Instructor: Abbey Villa Soccer Club
Register By: April 12, 2016
Minimum/Maximum: 10/50
Cost: $310

EVERY PARTICIPANT RECEIVES A T-SHIRT!

YOUTH: SOCCER CLINIC - HALF DAY

AVSC "Fast Feet" Soccer Clinic is open to all players, boys and girls, ages 7 to 14 years old. Your child will be taught proper techniques in passing, receiving, ability to retain possession, creative attacking and individual defending. Players will be taught dozens of cool and creative soccer moves in a challenging, but supportive training environment. Your child will get thousands of quality of touches on the ball!

Age: 7 - 14
Days: Tuesday - Friday
Dates: April 19 - 22, 2016
Time: 9:00 am - 12:00pm
Location: Hubbard Field, 108 Creeper Hill Rd., Grafton
Instructor: Abbey Villa Soccer Club
Register By: April 12, 2016
Minimum/Maximum: 10/50
Cost: $160

YOUTH: HORSE LOVERS

Learn how to ride and care for horses in this Horse Lovers Program. Students will groom and ride their horses each day under the supervision of seasoned riders and a licensed and insured instructor. No experience necessary. Our horses are gentle teachers with an aptitude for amateur riders.

Students must wear long pants and boots with a small heel. No Sneakers.
Helmets will be provided. Parents must sign a liability waiver.
Bring water and small snack.

Age: 6-12
Days: Monday-Thursday
Dates: April 18-21, 2016
Time: 9:00am-12:00pm
Location: Hillside Meadows
Instructor: Hillside Meadows
Register By: April 11, 2016
Minimum/Maximum: 6/10
Cost: $220

VACATION WEEKS

YOUTH: OUTDOOR ADVENTURE

Be a sportsperson for the week; take a hike on Grafton Land Trust property, learn about and partake in archery, using a compass, going fishing, canoeing and more.

All participants will need to bring the following supplies each day: backpack with spring weather gear, hat, gloves, good spring boots, change of clothing, and extra socks along with water and a lunch and snack daily, preferably peanut-free.

Age: 6-14
Days: Tuesday-Friday
Dates: April 19-22, 2016
Time: 9:00am-2:00pm
Location: Lions Club, Brigham Hill Rd., Grafton
Instructor: Fin & Feathers
Register By: April 12, 2016
Minimum/Maximum: 5/60
Cost: $200

EXTENDED DAY OPTIONS ARE AVAILABLE. PLEASE CONTACT FIN & FEATHER SPORTS FOR MORE INFORMATION: 508-529-3901

Special Events

May 7: 27th Annual Grafton Gazebo Road Race

Time: 10am
Location: Starts at Grafton Police Station
Details: A 5 mile wheel measured run following scenic roads and a gradual uphill ascent through Grafton Common. Register before April 1 for a free t-shirt!

June 18: Big Truck Day

Time: 10am-noon
Location: Grafton High School
Details: Free. Rain or Shine. First 200 kids get free hats! Don't forget your camera for photos!

June 18 & August 21: Doggie Dip Day

Time: 11am-2pm
Location: Silver Lake Beach
Details: Free. Take your 4-legged friend for a swim. Donations accepted of pet supplies, bedding and food for a local shelter.

July 6 – Oct. 5: Farmers Market

Time: Wednesdays from 2-6:00pm
Location: Grafton Common
Details: Rain or Shine. Support your local farmers while shopping for fresh produce, goodies and more.

August 6: Build a Sand Castle Day

Time: 1-5pm
Location: Silver Lake Beach
Details: Bring your supplies to build your masterpiece. Prizes awarded for most creative and original sand castle. Beach pass required.

Brought To You By: The Grafton Recreation Department | GraftonRec.com

@GraftonRecDept

2016 Concerts on the Common

July 13

THE BRASS CONNECTION

Pops style brass band showcasing swing, light classics, and rock n' roll

(Watertown, MA)

July 20

GOPHERBROKE

Classic and Country Rock

(Manchester, CT)

July 27

BEATLES FOR SALE

Award-Winning Beatles Tribute Band

(Whitinsville, MA)

August 3

MACEY AND HART

All of Your Favorite Country Hits

August 10

THE BUZZTONES RHYTHM REVIEW

Roots, Rock and Soul Stew with a side order of Blues & Funk

(Marshfield, MA)

August 17

TBD

BROUGHT TO YOU IN PART BY: Massachusetts Cultural Council

FREE | Start Time: 6:30pm | Bring Your Blankets and Lawn Chairs!

Location: Grafton Common, Grafton, MA | Rain Location: Grafton Municipal Center

Brought to You By: The Grafton Recreation Department | GraftonRec.com

@GraftonRecDept

Grafton Public Library Presents

2016 Summer Stories in the Park

Bring a picnic lunch and join us as we share stories, songs, and summer fun!

Time: 11:30am

Days: Fridays

July 8: Silver Lake Beach*, *245 Upton St.*

July 15: Riverview Park, *176 Providence Rd.*

July 22: Norcross Park, *18 North St.*

July 29: Grafton Common

August 5: Ferry St. Park, *115 Ferry St.*

August 12: Silver Lake Beach*

August 19: Airport Park, *8 Bedford Dr*.

August 26: Mill Villages Park, *61 Main St.*

*A day pass or beach sticker is required.
Day Passes will be offered at a discount for $2/person.

If it's raining meet at the Grafton Public Library, 35 Grafton Common

GraftonLibrary.org | GraftonRec.com

SILVER LAKE BEACH

Silver Lake Beach, located at 245 Upton St. in Grafton, is open to both residents and non-residents and operated by The Town of Grafton Recreation Department. The beach is open daily from 11am –7pm, weather permitting, from June 19 - August 20, 2016.

SEASON PASSES	**Family** *(for immediate family only)*	**Individual**	**Senior (65+)*** *(valid for up to 2 people)*
Resident	$45	$20	$10
Non-Resident	$75	$40	$20

Additional Stickers and Replacement Stickers are $20 for residents, $40 for non-residents.

DAILY PASSES**	**Per Car** *(for up to 5 people)*	**Per Person**	**Senior (65+)***
Resident	$12	$5	$3
Non-Resident	$18	$7	$5

**Seniors must bring proof of age. **Under 2 no charge when accompanied by an adult over 18.*

HOW TO PURCHASE BEACH PASSES:

- Season Passes can be purchased online via credit card at GraftonRec.com and picked up at the Recreation Office or Silver Lake Beach (once in operation) OR by cash or check at the Recreation Office or directly at the beach (when open). Season Passes must be hung from the vehicle's rearview mirror. If a pass is lost or misplaced, a replacement fee will be charged.

- Daily Passes are only available at the beach. Daily Passes must be displayed on the dashboard.

PARKING REGULATIONS:

- These rules and regulations are intended to promote the safety and convenience of all who use the facilities at Silver Lake Beach, as well as allow for maximum use of our parking area. To that end, these parking regulations will be strictly enforced.

- Any person wishing to park a vehicle at Silver Lake and use the facilities must obtain a beach pass. All parking at Silver Lake Beach is at vehicle owner's risk. Vehicles may park at Silver Lake only during posted hours. Vehicles must leave promptly at closing time.

- Vehicles must park in designated areas directed by staff. If the parking lot is full, vehicles MAY NOT park on Route 140. A parking lot attendant will be on duty.

ALL PATRONS MUST FOLLOW ANY DIRECTION GIVEN BY THE ATTENDANT OR BY OTHER STAFF AT SILVER LAKE.

Beach hours may change daily due to weather conditions. For updates or to check on the status of beach hours, visit us on Facebook and Twitter, call the Recreation Department Office at 508-839-5335 x1156 or e-mail recreation@grafton-ma.gov.

PRE-SCHOOL/YOUTH: SWIM LESSONS

Our swim programs are taught by certified Red Cross staff and held at Silver Lake Beach in Grafton. Classes are 1 hour in length. Weekday programs are held Monday-Thursday for two consecutive weeks with any make-ups held on Fridays. The weekend program is held on Saturdays for 7 weeks with a make-up, if necessary, at the end of the program.

A CURRENT SILVER LAKE BEACH SEASON PASS IS REQUIRED IN ORDER TO PARTICIPATE IN SWIM LESSONS .

WEEKDAY PROGRAM

Age: 3+

Days: Monday - Thursday*

Dates:

Session 1: July 5 - 14, 2016*

Session 2: July 11 - 21, 2016

Session 3: July 25 - August 4, 2016

Times: Based on level, see below

Register By: 1 week prior to session

Cost: $55/child

** (the 1st week of this session will be held Tuesday-Friday)*

WEEKEND PROGRAM

Age: 3+

Days: Saturdays

Dates: June 25 - August 6, 2016

Times: Based on level, see below

Register By: June 18, 2016

Cost: $48/child

Red Cross Swim

CLASS DESCRIPTIONS AND TIMES

SUMMER

LEVEL 1

This course is designed to help the non-swimmer feel comfortable in the water and enjoy the water safely. We will introduce bubble blowing, kicking with support, basic arm movements, and floating with support. Emphasis will be on having fun while learning the basics.

TIMES

Session 1: 9:45am, 11:30am, 5:30pm
Session 2: 9:45am, 3:30pm, 5:30pm
Session 3: 9:45am, 1:00pm, 5:30pm
Saturdays: 10:00am

Minimum/Maximum: 3/varies

LEVEL 2

This class will focus on beginner level skills. Children will be working on front and back floats, blowing bubbles, kicking and the introduction of the front crawl. The objective of the class is to give students success with swimming. Students must be able to put their face in the water comfortably for a 3-second count.

TIMES

Session 1: 9:45am, 3:30pm, 5:30pm
Session 2: 9:45am, 1:00pm, 5:30pm
Session 3: 9:45am, 11:30am, 5:30pm
Saturdays: 10:00am

Minimum/Maximum: 3/varies

CLASS DESCRIPTIONS AND TIMES (CONT.)

LEVEL 3

Students are given an introduction to the elementary backstroke as well as treading water. They also will learn to coordinate and improve the front crawl and backstroke. Some shallow diving will be introduced.

TIMES

Session 1: 9:45am, 1:00pm, 5:30pm
Session 2: 9:45am, 11:30am, 5:30pm
Session 3: 9:45am, 3:300pm, 5:30pm
Saturdays: 10:00am

Minimum/Maximum: 3/varies

LEVEL 4

Students work on improving their strokes and increasing their endurance. We will be reviewing the elementary backstroke, front crawl, back crawl, treading water and shallow diving. The instructor will introduce the breaststroke, sidestroke, and rhythmic breathing.

TIMES

Session 1: 9:45am, 1:00pm, 5:30pm
Session 2: 9:45am, 1:00pm, 5:30pm
Session 3: 9:45am, 1:00pm, 5:30pm
Saturdays: 9:00am

Minimum/Maximum: 3/varies

LEVEL 5

This class is for advanced swimmers looking to improve their strokes; front crawl, bi-lateral breathing , back crawl with body roll, breaststroke using glides, side stroke with inverted kick and other fun advanced skills.

TIMES

Saturdays: 9:00am

Minimum/Maximum: 3/no limit

LEVEL 6

For advanced swimmers that have passed level 5. This class endorses swimming and increasing distance everyday. An endurance swimming test will be given before and after each session for comparison.

TIMES

Saturdays: 9:00am

Minimum/Maximum: 3/no limit

PRE-SCHOOL: SWIM LESSONS - EXTRA SPECIAL ME

This class is designed for children 1-on-1 with a parent/guardian for children that may be over nervous, shy or has other problems. The parent/guardian with guidance from the instructor will help parents reach attainable goals. This will be done through play, sing, and games with groups and individuals.

Age: 3 - 5
Days: Saturdays
Dates: June 25 - August 6, 2016
Time: 9:00am - 10:00am
Location: Silver Lake Beach, 245 Upton St., Grafton
Instructor: Red Cross Instructors
Register By: June 18, 2016
Minimum/Maximum: 4/6
Cost: $48

YOUTH: SWIM LESSONS - WATER DOESN'T SCARE ME

This class is designed for children who are apprehensive or afraid of water. This will be an instructor-led class. Parents must be ready to assist the instructor if needed and enter the water if need be. This is not a swimming lesson class but will prepare your child in the skills to succeed in group lessons.

Age: 6 - 10
Days: Saturdays
Dates: June 25 - August 6, 2016
Time: 9:00am - 10:00am
Location: Silver Lake Beach, 245 Upton St., Grafton
Instructor: Red Cross Instructors
Register By: June 18, 2016
Minimum/Maximum: 4/6
Cost: $48

PRE-SCHOOL/YOUTH: SUMMER YOUTH PROGRAM - HALF DAY

Children, grouped by ages and under the guidance of our counselors, will enjoy outdoor and indoor activities on the grounds of Millbury St. School. During the day, children will rotate through a variety of activities including sports, arts and crafts, science projects, nature and so much more. More program details, a sample daily schedule and more are available at GraftonRec.com.

Age: 4 - 12 *(Must be entering Kindergarten in the fall or have attended pre-school)*

Days: Monday - Friday

Dates:

Session 1: July 5 - 8* **(no July 4 - Program fee is discounted)*

Session 2: July 11 - 15

Session 3: July 18 - 22

Session 4: July 25 - 29

Session 5: August 1 - 5

Session 6: August 8 - 12

Time: 9:00am - 12:00pm

Location: Millbury Street School

Register By: 1 week prior to session

Cost:

Weekly Fees

- $75/first session or child
- $65/each additional session or child

Early Drop-Off (8:00am - 9:00am): $20/week

NEW! - Early Registration fee of only $65/per person/per week prior to April 1!

Program Notes:

- Children will need to bring the following items daily: peanut-free snack(no glass), plenty of water, sneakers (no sandals/flip-flops), hat, and sunscreen.

YOUTH: SUMMER YOUTH PROGRAM - FULL DAY

Children, grouped by ages and under the guidance of our counselors, will enjoy outdoor and indoor activities on the grounds of Millbury St. School. During the day, children will rotate through a variety of activities including sports, arts and crafts, science projects, nature and so much more. Every Friday, transportation will be provided to go to Silver Lake Beach. Field trips are held on Wednesdays for an additional fee. More program details, a sample daily schedule and more are available at GraftonRec.com.

Age: 6 - 12 *(Must be entering 1st grade in the fall)*

Days: Monday - Friday

Dates:

Session 1:	July 5 - 8* **(no July 4 - Program fee is discounted)*	
Session 2:	July 11 - 15	Field Trip: Hiking Trip & Ice Cream
Session 3:	July 18 - 22	Field Trip: Breezy Acres Waterslides
Session 4:	July 25 - 29	Field Trip: Southwick Zoo
Session 5:	August 1 - 5	Field Trip: SkyZone
Session 6:	August 8 - 12	Field Trip: Breezy Acres Waterslides

Time: 9:00am - 4:00pm

Location: Millbury Street School

Register By: 1 week prior to session

Cost:

Weekly Fees

- $150/first session or child
- $140/each additional session or child

Early Drop-Off (8:00am - 9:00am): $20/week

Late Pick-Up (4:00pm - 5:30pm): $40/week

SUMMER

NEW! - Early Registration fee of only $140/per person/per week prior to April 1!

Program Notes:

- Children will need to bring the following items daily: peanut-free bag lunch (no glass), plenty of water and snacks, sneakers (no sandals/flip-flops), hat, and sunscreen and on Fridays a bathing suit and towel.
- Field Trips will range in price from $25-$30. Field trips are subject to change. Enrollment is a separate registration process and space is limited, so don't wait!
- Certified lifeguards will test the children upon arrival at Silver Lake Beach before entering the water.

PRE-SCHOOL/TOT: TINY HAWKS

In Tiny-Hawk programs, the essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sport-specific games tailored to their attention spans. *Wear loose fitting clothes, sneakers and bring a water bottle.

**Children must be toilet trained.

Please Note: Session 1 is Soccer Only

Age: 3 years - 4 years 11 months

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016

Session 2: August 8 - 12, 2016

Time: 8:00am - 8:50am

Location: Grafton High School Fields

Instructor: Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/15

Cost: $64

PRE-SCHOOL/TOT: MINI HAWKS

Skyhawks®
THE LEADER IN YOUTH SPORTS SINCE 1979.

This multi-sport program was developed to give children a positive first step into athletics. The essentials of baseball, flag football and soccer are taught in a safe, structured environment with lots of encouragement and a big focus on fun. Children will explore balance, movement, hand/eye coordination, and skill development at their own pace.

*Wear loose fitting clothing, sneakers, apply sunscreen and bring a water bottle.

Please Note: Session 2 has basketball in place of flag football

Age: 4 - 6

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016

Session 2: August 8 - 12, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School Fields

Instructor: Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

Cost: $104

PRE-SCHOOL/TOT: QUICK START TENNIS

This format helps kids ages 4-6 learn and play tennis. Modifications have been made to the traditional program such as smaller courts, shorter nets, foam tennis balls, and smaller racquets. Kids can begin tennis even if they have never picked up a racquet before.

*Wear loose fitting clothes, sneakers, apply sunscreen and bring a water bottle.

Age: 4 - 6

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016

Session 2: August 15 - 19, 2016

Time: 9:00am - 10:30am

Location: Grafton High School Courts

Instructor: Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

Cost: $74

PRE-SCHOOL/TOT: FIRST KIX

A friendly and FUN introduction to dribbling, stopping, and controlling the ball. First KIX is purposely designed to be FUN, silly, age appropriate and a high energy experience for children. Our soccer program features exciting games and activities to teach the fundamental skills of soccer. Your child will learn to participate in a group, follow simple instructions, co-operate with peers, develop gross motor skills, and let's not forget…the obvious benefits of having them burn off some of that energy! First KIX coaches are highly experienced in dealing with this age group of children and are brilliant at what they do!

Age: 3 - 5
Days: Monday - Friday
Dates: July 25 - 29, 2016
Time: 9:00am - 10:00am
Location: Lions Club, Brigham Hill Rd, Grafton
Instructor: BEST Soccer
Register By: July 18, 2016
Minimum/Maximum: 6/20
Cost: $85

YOUTH: SKILZ - HALF DAY

Throughout the week, all players will continue learning the proper way to dribble, pass, control, and finish then they will transfer these skills into game situations. Each camp day, players will extensively cover a new technical skill. Our goal of each topic is to introduce, refine and master the skill. Furthermore, tactical knowledge will be developed. All players will be assessed by their coach continuously throughout the camp week. Players are divided by age and ability.

Age: 5 - 14
Days: Monday - Friday
Dates: July 25 - 29, 2016
Time: 9:00am - 12:00pm
Location: Lions Club, Brigham Hill Rd, Grafton
Instructor: BEST Soccer
Register By: July 18, 2016
Minimum/Maximum: 12/60
Cost: $155

FREE BEST SOCCER T-SHIRT AND SOCCER BALL FOR EVERY PARTICIPANT!

YOUTH: SKILZ - FULL DAY

Throughout the week, all players will continue learning the proper way to dribble, pass, control, and finish then they will transfer these skills into game situations. Each camp day, players will extensively cover a new technical skill. Our goal of each topic is to introduce, refine and master the skill. Furthermore, tactical knowledge will be developed. All players will be assessed by their coach continuously throughout the camp week. Players are divided by age and ability.

Age: 7 - 14
Days: Monday - Friday
Dates: July 25 - 29, 2016
Time: 9:00am - 3:00pm
Location: Lions Club, Brigham Hill Rd, Grafton
Instructor: BEST Soccer
Register By: July 18, 2016
Minimum/Maximum: 12/60
Cost: $255

FREE BEST SOCCER T-SHIRT AND SOCCER BALL FOR EVERY PARTICIPANT!

YOUTH: GOALKEEPER CLINIC

The BEST goalkeeper coaches will introduce and reinforce to players the proper goalkeeping techniques such as the ready position, angles, diving, handling, distribution, coming off the line, and high ball techniques in a challenging but fun environment. Each day will have a different focus. Space is limited to ensure a low player to coach ratio.

Age: 8 - 14
Days: Monday - Friday
Dates: July 25 - 29, 2016
Time: 9:00am - 10:30am
Location: Lions Club, Brigham Hill Rd, Grafton
Instructor: BEST Soccer
Register By: July 18, 2016
Minimum/Maximum: 6/12
Cost: $100

YOUTH: MULTI-SPORT

Three sports-Soccer, Flag Football and Baseball are taught in one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of Soccer, Flag Football & Baseball along with vital life lessons such as respect, teamwork, and self- discipline. *Wear sneakers, bring water and apply sunscreen.

Please Note: Session 2 has basketball in place of flag football

Age: 7 - 12

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016

Session 2: August 8 - 12, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School Fields

Instructor: Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/15

Cost: $104

Skyhawks®
THE LEADER IN YOUTH SPORTS SINCE 1979.

YOUTH: TENNIS

Whether you are a beginner, intermediate, or advanced player, this program will improve your game and help you get more enjoyment from tennis. Skill refinement such as proper grip, footwork, volleys and serves, as well as the fundamental skills will be taught in a fun and dynamic way. Athletes will also learn the rules and etiquette, have match play, and be given personal attention. *Wear loose fitting clothes, sneakers and bring water.

Age: 7-12

Days: Monday - Friday

Dates:

Session 1: July 25 - 29, 2016

Session 2: August 15- 19, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School Courts

Instructor: Skyhawks Sports Academy

Register By: 1 week prior to start of session

Minimum/Maximum: 10/30

Cost: $114

YOUTH: VOLLEYBALL

All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving. This camp is for Beginners and intermediate levels. There will be game based drills and daily scrimmages at developing the whole player.

Age: 7-14

Days: Monday - Friday

Dates: July 25 - 29, 2016

Time: 9:00am - 12:00pm

Location: Grafton High School

Instructor: Skyhawks Sports Academy

Register By: July 18, 2016

Minimum/Maximum: 10/30

Cost: $104

YOUTH: BABYSITTING CERTIFICATION

Learn what you need to know and what every parent wants in a responsible babysitter. Please bring a doll or stuffed toy and a peanut-free lunch or snack and a drink.

You must attend all days in the session in order to receive your certification.

Age: 11+
Days: Tuesday and Wednesday
Dates: June 28 and 29, 2016
Time: 10:00am - 2:30pm
Location: Municipal Center Conference Room E
Instructor: Ceil Thurber
Register By: June 21, 2016
Minimum/Maximum: 10/20
Cost: $55/person

YOUTH: HOME ALONE SAFETY

This class is designed for children who are unattended for short periods of time. Children will learn telephone and door answering techniques, accident and fire prevention and first aid skills. Please bring a peanut-free lunch or snack and a drink.

Age: 9-11
Days: Thursday
Dates: June 30, 2016
Time: 10:00am - 12:00pm
Location: Municipal Center Conference Room E
Instructor: Ceil Thurber
Register By: June 23, 2016
Minimum/Maximum: 10/20
Cost: $45/person

UMassMemorial

YOUTH: SUPER HERO ENGINEERING USING LEGO

Save the world with LEGO Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play-Well instructor guides young heroes as they design, build, and save a city where ingenuity and Imagination can solve any conflict.

Age: 5 - 6
Days: Monday - Friday
Dates: July 11 - 15, 2016
Time: 9:00am - 12:00pm
Location: Municipal Center Conference Room E
Instructor: Play-Well Teknologies Staff
Register By: July 5, 2016
Minimum/Maximum: 10/24
Cost: $140

YOUTH: PRE-ENGINEERING USING LEGO

Let your imagination run wild with tens of thousands of LEGO! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design. Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals.

Age: 5 - 6
Days: Monday - Friday
Dates: August 15 - 19, 2016
Time: 9:00am - 12:00pm
Location: Municipal Center Conference Room E
Instructor: Play-Well Teknologies Staff
Register By: August 8, 2016
Minimum/Maximum: 10/24
Cost: $140

YOUTH: SUPER HERO MASTER ENGINEERING USING LEGO

LEGO Super Heroes need your help to defeat the destructive forces of evil arch-villains as they threaten LEGOpolis! Explore the tools and techniques of your favorite caped crusaders and learn what makes them not only Super Heroes but super engineers. An engineering curriculum designed by Play-Well challenges heroes to design, build, and save a city where ingenuity and imagination can solve any conflict.

Age: 7 - 11
Days: Monday - Friday
Dates: July 11 - 15, 2016
Time: 1:00pm - 4:00pm
Location: Municipal Center Conference Room E
Instructor: Play-Well Teknologies Staff
Register By: July 4, 2016
Minimum/Maximum: 10/24
Cost: $140

YOUTH: ENGINEERING FUNDAMENTALS USING LEGO

Power up your engineering skills with Play-Well and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battle-track! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

Age: 7 - 11
Days: Monday - Friday
Dates: August 15 - 19, 2016
Time: 1:00pm - 4:00pm
Location: Municipal Center Conference Room E
Instructor: Play-Well Teknologies Staff
Register By: August 8, 2016
Minimum/Maximum: 10/24
Cost: $140

YOUTH: LIVE ACTION FLIX

Do you want to have a blast making a movie? You don't have to be an actor to star in these movies that you make from "Action" to "That's a Wrap!" You will be guided through the Hollywood process as you brainstorm, location scout, bring in props and costumes, act and direct in a collaborated movie that will be fun for the entire audience.
Flix are downloadable within a month after program ends.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 8 - 11, 2016
Time: 9:00am - 12:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 1, 2016
Minimum/Maximum: 6/8
Cost: $135

YOUTH: LEGO FLIX

We know you love LEGO and can create incredible LEGO worlds; now it's time to bring those worlds to life in LEGO Stop-Motion Animated Flix! The LEGOs are provided and you bring the imagination. Students will create a LEGO set with LEGO characters for a movie they storyboard, write, shoot, and voice-over in age-appropriate groups.
Flix are downloadable within a month after program ends.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 8 - 11, 2016
Time: 1:00pm - 4:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 1, 2016
Minimum/Maximum: 6/14
Cost: $135

YOUTH: LIVE ACTION AND LEGO FLIX

Are you the next star director? Actor? Writer? Cameraperson? You get to do it all in these live action flix! Make visions come true in these movies and bring those worlds come to life!
This program is a combination of both of the half day programs above. Lunch supervision is included at no cost.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 8 - 11, 2016
Time: 9:00am - 4:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 1, 2016
Minimum/Maximum: 6/10
Cost: $260

YOUTH: ANIMATION FLIX

Each day you'll use a new style of stop-motion, combining favorites from the past with new styles, making this program different each year! It's the ultimate arts and crafts program where students create, direct, and film their movies in age-appropriate groups.
Flix are downloadable within a month after program ends.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 22 - 25, 2016
Time: 9:00am - 12:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/14
Cost: $135

YOUTH: MINECRAFT FLIX

You love Minecraft! Let your imagination be your guide as you turn the popular video game into an exciting Minecraft world. Using stop-motion animation you will bring Steve, the creepers, animals and more to life. Students will write, storyboard, shoot and add voice-over in age-appropriate groups.
Flix are downloadable within a month after program ends.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 22 - 25, 2016
Time: 1:00pm - 4:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/14
Cost: $135

YOUTH: ANIMATION FLIX AND MINECRAFT FLIX

Each morning students will work on a new style of stop-motion animation in this ultimate arts & crafts animation program. In the afternoons, students will let their imagination be their guide as they create an exciting Minecraft world for a movie they create.
This program is a combination of both of the half day programs above. Lunch supervision is included at no cost.

Age: 7 - 13
Days: Monday - Thursday
Dates: August 22 - 25, 2016
Time: 9:00am - 4:00pm
Location: Municipal Center Conference Room E
Instructor: IncrediFlix Staff
Register By: August 15, 2016
Minimum/Maximum: 6/10
Cost: $260

YOUTH: GOLF

Get into golf with certified PGA golf pros from Highfields Golf & Country Club. There will be comprehensive instruction on all aspects of the game including on-course instruction. Children will work with the area's top coaches to become a better all-around golfer and receive plenty of individual instruction tailored to their skill level. Highfields provides students a supportive environment for social and emotional development with a focus on individual development.

Age: 7 - 13
Days: Tuesday - Thursday
Dates:
- **Session 1:** July 12 - 14, 2016
- **Session 2:** July 19 - 21, 2016
- **Session 3:** July 26 - 28, 2016
- **Session 4:** August 2 - 4, 2016
- **Session 5:** August 9 - 11, 2016
- **Session 6:** August 16 - 18, 2016
- **Session 7:** August 23 - 25, 2016

Time: 9:00am - 12:00pm
Location: Highfields Golf Club, Grafton
Instructor: Highfields Golf Club PGA Pros
Register By: 1 week prior to start of session
Minimum/Maximum: 4/12 (max 6:1 student-teacher ratio)
Cost: $175

YOUTH: HORSE LOVERS

Learn how to ride and care for horses in this Horse Lovers Program. Students will groom and ride their horses each day under the supervision of seasoned riders and a licensed and insured instructor. No experience necessary. Our horses are gentle teachers with an aptitude for amateur riders.

Students must wear long pants and boots with a small heel. No Sneakers.
Helmets will be provided. Parents must sign a liability waiver.
Bring water and small snack.

Age: 6-12
Days: Monday-Thursday
Dates:
- **Session 1:** TBD
- **Session 2:** TBD
- **Session 3:** TBD
- **Session 4:** TBD
- **Session 5:** TBD
- **Session 6:** TBD
- **Session 7:** TBD

Time: 9:00am-12:00pm
Location: Hillside Meadows, 111 George Hill Rd., Grafton
Instructor: Hillside Meadows Staff
Register By: 1 week prior to session
Minimum/Maximum: 6/10
Cost: $220

YOUTH: OUTDOOR ADVENTURE

Want to learn more about archery? Have you ever canoed? Join in this program for an exciting adventure. Activities offered during the week are fishing, canoeing, kayaking, orienteering, hiking, map reading, using a compass, and much more.

All participants will need to bring the following supplies each day for being outdoors: lunch and snack (preferably peanut-free), water, (applied sunscreen and insect repellant before arriving each day) hat, and good walking shoes (no sandals).

Age: 6 - 14
Days: Monday - Thursday
Dates:
- **Session 1:** July 5 - 8, 2016 *(Tuesday-Friday)*
- **Session 2:** July 18 - 21, 2016
- **Session 3:** August 1 - 4, 2016
- **Session 4:** August 8 - 11, 2016
- **Session 5:** August 15 - 18, 2016

Time: 9:00am-2:00pm
Location: Lions Club, Brigham Hill Rd., Grafton
Instructor: Fin & Feathers Staff
Register By: 1 week prior to session
Minimum/Maximum: 12/80
Cost: $210

YOUTH: OUTDOOR HIGH ADVENTURE

This program has the same foundation and description as the Outdoor Adventure program listed above but children will take part in longer and more involved activities such as kayaking, an archery competition with compound bows, on-water fishing on canoes and kayaks and learning how to and what orienteering is.

This program also includes a Field Trip such as paintball or rockwall climbing.

Age: 12 - 14
Days: Monday - Thursday
Dates:
- **Session 1:** August 1 - 4, 2016
- **Session 2:** August 8 - 11, 2016

Time: 9:00am-2:00pm
Register By: 1 week prior to session
Minimum/Maximum: 12/80
Cost: $248

YOUTH: OUTDOOR ADVENTURE - 1 DAY

Continue the fun of your four-day Outdoor Adventure program or join in the fun for just the day in this one day adventure program.

Activities offered during the week are fishing, canoeing, kayaking, orienteering, hiking, map reading, using a compass, and much more.

EXTENDED DAY OPTIONS FOR ALL PROGRAMS AND A CIT PROGRAM ARE AVAILABLE. PLEASE CONTACT FIN & FEATHER SPORTS FOR MORE INFORMATION: 508-529-3901

Age: 6 - 14
Days: Friday
Dates:
- **Session 1:** July 22, 2016
- **Session 2:** August 5, 2016
- **Session 3:** August 12, 2016
- **Session 4:** August 19, 2016

Time: 9:00am-2:00pm
Register By: 1 week prior to session
Minimum/Maximum: 12/80
Cost: $65