



**Grafton Senior Center  
Council on Aging  
30 Providence Road  
Grafton, Massachusetts 01519**

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Ph: (508) 839-9242  
Fax: (508) 839-4125

Email: [coa@graffon-ma.gov](mailto:coa@graffon-ma.gov)

MINUTES

GRAFTON COUNCIL ON AGING  
February 9, 2023

A meeting of the GRAFTON COUNCIL ON AGING was held on February 9, 2023, in the Grafton craft room.

Members present were William Cutler, Chairman, June Enos, Vice Chairwoman, Ann Allia, Peter Shay, and Annette McCarthy

Absent: Eliza Sharrah

Also present: Shannon Smith, Senior Center Director, and FOGI President John Cameron

The meeting was called to order at 1:00 pm by William Cutler, Chairman

All members present reviewed the Secretary's minutes of January 12, 2023. A motion to accept as written was made by Peter Shay and seconded by June Enos. All voted in favor. There were no nays or abstentions.

**DIRECTOR'S REPORT:** Shannon Smith reported on activities scheduled for the future, including a round table of healthcare professionals, introduction of WISE courses at Assumption, and a St Patrick's bingo and lunch. **Houlden Farms** has volunteered to donate to our March birthday luncheon and **Goretti's** will provide this month's luncheon. Shannon mentioned that Maureen Turcotte will be retiring as a van driver but has volunteered to be a chaperone on future day trips.

The MetroWest Building Officials are developing a plan to provide an in-person Thanksgiving dinner for Grafton Seniors in need. Also in development are Facebook announcements of special events at the Senior Center.

**FINANCIAL REPORT:** The monthly bills were reviewed. A detailed Financial Report was presented. A motion to accept the Director's and Financial reports was made by June Enos and seconded by Ann Allia. All voted in favor. There were no nays or abstentions.

**FOGE UPDATE :** John Cameron stated that membership letters had been sent out and the FOGI web site is being updated. Plans are underway for an October fundraiser at the Grafton Library and will honor past President, Marsha Platt. The Annual Meeting was well attended and three new Board members were added.

**NEW BUSINESS:** Ann Allia presented ideas for educational programs such as Alzheimer's, and insurance problems with medications. Shannon mentioned that the rep from MCP will be returning with MCP students to perform individual medication reviews in the upcoming months. John Cameron stated that

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Worcester State has free college classes. Wendy Reid will be giving nutrition classes on the first Tuesday of the month immediately following her exercise class.

OLD BUSINESS: Peter Shay asked about recognition for the vendors contributing to the monthly Birthday Lunches. Shannon will be acknowledging them in the monthly newsletters. A discussion followed concerning the upcoming Birthday Lunch this month.

A motion to adjourn was made by Annette McCarthy and seconded by Ann Allia. There were no nays or abstentions. The meeting adjourned at 1:55 pm. Next meeting is scheduled for March 9, 2023 at 1:00 pm in the Grafton Senior Center Craft Room

Respectfully submitted,



Annette McCarthy  
Secretary