BSAS Youth and Young Adult Treatment Program
Contact Information for Referrals

Help with referrals is provided by the Massachusetts Substance Use Helpline
800-327-5050 or www.helplinema.org, Mon-Fri, 8 am – 10 pm; weekends 8 am – 6 pm

*It's hard to ask for help, especially when you're worried about alcohol or drug use. The bravest thing to do is to reach out. For all services listed here, your health insurance or BSAS may cover costs.*

**Outpatient Counseling:**
Call the helpline to find out what licensed programs for youth experiencing problems with alcohol or drugs are available. Ask about Adolescent Community Reinforcement Approach (A-CRA) programs in your community - clinicians help youth at all stages of recovery and support families!

**Detoxification & Stabilization**
For youth ages 13 to 20 needing medical, emotional, and behavioral stabilization from substance use or dependence. Length of stay depends on an individual's need, but an average stay is 14 days.

**Youth Residential Treatment**
Youth between the ages of 13 and 17, who are medically stable, can receive individual, group, and family counseling in a therapeutic residential setting. Length of stay varies (typically 45 to 90 days).

**Young Adult Residential Treatment**
Young adults up to age 25 who are medically stable can access a variety of individual and group services and resources that support ongoing recovery. Length of stay varies (often 4 to 6 months).

**Recovery High Schools**
Recovery high schools offer an alcohol- and drug-free environment to meet the educational and recovery related needs of students. These public schools meet MA requirements of each student’s school district, while offering small class sizes, individual attention, licensed counseling support, and much more. No cost.

**Detox/Stabilization**

**MYR (Motivating Youth Recovery)**
Age: 13-17
Gender: Male/Female
Address: 26 Queen St., Worcester, MA 01610
Phone: 508-860-1244

**CASTLE (Clean and Sober Teens Living Empowered)**
Age: 16-20
Gender: Male/Female
Address: 10 Meadowbrook Rd., Brockton, MA 02301
Phone: 508-638-6000
**Youth Residential**

**Highland Grace House**  
Age: 13-17  
Gender: Female  
Address: 280 Highland St., Worcester MA 01612  
Phone: 774-420-2143

**Goodwin House**  
Age: 13-17  
Gender: Male  
Address: 187 Fairview Ave., Chicopee, MA 01013  
Phone: 413-316-1642

**Young Adult Residential**

**Cushing House**  
Age: 16-20  
Gender: Female  
Address: 58 Old Colony Ave., South Boston, MA 02127  
Phone: 617-269-2933, Ext. 2

**Cushing House**  
Age: 16-20  
Gender: Male  
Address: 58 Old Colony Ave., South Boston, MA 02127  
Phone: 617-269-2933  Ext 1

**Pegasus House**  
Age: 18-25  
Gender: Female  
Address: 482 Lowell St., Lawrence, MA 01840  
Phone: 978-687-4257

**Cornerstone Recovery**  
Age: 18-25  
Gender: Female  
Address: 59 South Street, Ware, MA 01082  
Phone: 413-758-4050, Ext. 680

**Spectrum Young Adult Program (YAP)**  
Age: 18-25  
Gender: Male  
Address: 154 Oak Street, Westborough, MA 01581  
Phone: 508-898-1570, Ext. 2100

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**Recovery High Schools:**

- William J. Ostiguy High School  
  Boston | 617-348-6070
- North Shore Recovery High School  
  Beverly | 978-922-3305
- Liberty Preparatory Academy  
  Springfield | 413-750-2484
- Independence Academy  
  Brockton | 508-510-4091
- Rockdale Recovery High School  
  Worcester | 508-854-4939

Families can make direct referrals. No cost!

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**For more information about services for youth and young adults:**

Massachusetts DPH / BSAS  
Office of Youth and Young Adult Services  
250 Washington Street, 3rd Floor  
Boston, Massachusetts 02108  
617-624-5111, TTY 888-448-8321  
www.mass.gov/dph/youthtreatment

**Family Recovery Resources:**

**Learn to Cope**
- Weekly peer support for adults with loved ones struggling with substance use
- Overdose education, Narcan training
- Discussion board & online resources: www.learntocope.org

**Allies in Recovery**
- Online support to help families change the conversation about addiction
- Free for MA residents
- Go to: www.alliesinrecovery.net

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Last Modified: October 2017